

CONFIDENTIAL HEALTH HISTORY QUESTIONNAIRE

Pediatric Intake Form (Birth to 5 years)



Patient's name _____ Date of first visit _____

Age _____ Date of birth _____ Gender: Female _____ Male _____

Mother's name _____ Father's name _____

Name of Dr.'s Office/Hospital/Clinic where your child's records are kept _____

Reason for referral or presenting problems _____

MEDICATIONS	Now	Past		Now	Past
Aspirin	___	___	Antibiotics	___	___
Tylenol	___	___	Anti-histamine	___	___
Decongestant	___	___	Other	___	___
Ibuprofen	___	___	Allergies to medicines	_____	

MEDICAL HISTORY

Chicken Pox Scarlet fever Tonsillitis, approx. no. _____
 Measles Pneumonia Ear Infections, no. _____
 Mumps Frequent colds
 Rubella Rheumatic Fever Other _____

Has your child had any of the following tests? When Where Results

Electroencephalogram _____
 Psychological evaluation _____
 Hearing _____
 Speech/Language _____
 Injuries/Surgeries/Hospitalizations _____

IMMUNIZATIONS

Measles Polio MMR Smallpox
 Mumps DPT Tetanus Influenza
 Diphtheria
 Other _____

Any adverse reactions? Y N What? _____

FAMILY HISTORY

Heart disease Diabetes Birth defects Hypertension
 Arthritis Tuberculosis Cancer Allergies
 Mental Illness

Name: _____ Date: _____

PRENATAL HISTORY

Previous pregnancies by natural mother, miscarriages, or complications? _____

Mother's age at child's birth ? _____

Mother's health during pregnancy?

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Bleeding | <input type="checkbox"/> Physical or emotional trauma |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Cigarettes, alcohol, drug consumption |
| <input type="checkbox"/> Illnesses | <input type="checkbox"/> Medications |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Thyroid problems <input type="checkbox"/> Diabetes |

BIRTH HISTORY

Term: Full Premature Late Weight at birth _____

Length of labor _____ Complications? _____

Did your child have any of the following problems shortly after birth?

- | | | |
|---|---|------------------------------------|
| <input type="checkbox"/> Birth defects | <input type="checkbox"/> Brain injuries | <input type="checkbox"/> Blue baby |
| <input type="checkbox"/> Cerebral palsy | <input type="checkbox"/> Seizures | <input type="checkbox"/> Jaundice |
| <input type="checkbox"/> Colic | <input type="checkbox"/> Fever | <input type="checkbox"/> Rashes |

Other _____

CHILD DEVELOPMENT

Child's sleep patterns (first year) _____

Food intolerances _____

Feeding: Breast fed how long? _____ Formula? milk/soy _____

Age began solids _____ Which foods ? _____

Age began: Sitting _____ Crawling _____ Walking _____ Talking _____

SYMPTOMS (mark **Y** if current, **P** for past symptoms)

- | | | |
|---|---|---|
| <input type="checkbox"/> Hives | <input type="checkbox"/> Burning of urine | <input type="checkbox"/> Bloody urine |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Cries easily |
| <input type="checkbox"/> Bleeding gums | <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Nervous |
| <input type="checkbox"/> Nose bleeds | <input type="checkbox"/> Vomiting spells | <input type="checkbox"/> Sleep problems |
| <input type="checkbox"/> Acne | <input type="checkbox"/> Anemia | <input type="checkbox"/> Night sweats |
| <input type="checkbox"/> High fevers | <input type="checkbox"/> Stomach aches | <input type="checkbox"/> Sensitive to light |
| <input type="checkbox"/> Chronic rash | <input type="checkbox"/> Jaundice | <input type="checkbox"/> Body/ breath odor |
| <input type="checkbox"/> Hearing loss | <input type="checkbox"/> Easy bruising | <input type="checkbox"/> Motion/ car sickness |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Flat feet | <input type="checkbox"/> No appetite |
| <input type="checkbox"/> Sore throats | <input type="checkbox"/> Constipation | <input type="checkbox"/> Nightmares |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Gas | <input type="checkbox"/> Canker sores |
| <input type="checkbox"/> Frequent colds | <input type="checkbox"/> Bleeding tendency | <input type="checkbox"/> Unusual fears |
| <input type="checkbox"/> Wheezing | <input type="checkbox"/> Joint pains | <input type="checkbox"/> Excessive fatigue |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Dizzy spells | <input type="checkbox"/> Hair loss |

Thank you. I look forward to helping your child in any way I can.

Name: _____ Date: _____

PORTLAND ALTERNATIVE MEDICINE FINANCIAL POLICIES

1) **Unless prior arrangement is made, full payment is due at the time of service.**

Your payment options are: cash, check, or credit/debit cards.
We accept Visa, Master Card, Discover, or American Express.

2) Insurance Billing

- If you would like us to bill your insurance, we will contact your insurer(s) and bill them based upon the **non-guaranteed** information they provide to us.
- You are responsible for all co-payments, deductibles and other adjustments made by your insurer(s).
- **If we are unable to obtain a verification of benefits from your insurer for any reason, we will require full payment at the date and time of service.**
- Insurance companies may reimburse differently than the information they initially provide to us.
- **You are responsible for and will be billed for any resulting unpaid balance.**

3) Discounts

We offer the following discounts. Only one discount may be applied to a bill.

- "Time Of Service Discount"

If you are paying in full for a treatment at the time of service, you will receive a 20% discount on Naturopathic, and Massage services. This discount does not apply to co-payments, products, individual payment plans, or services other than those listed above.

- "Time Of Service Student Discount"

Students, currently enrolled in accredited natural health academic programs, will receive a 30% discount on all services and 20% discount on all products if they pay in full at the time of service.

4) Missed Appointments/Late Cancellations

All appointment cancellations must occur within 24 hours of the appointment. If it is less than 24 hours, **you will be charged \$25 for the missed appointment.**

5) Past Due Accounts

Accounts greater than 30 days past due will be charge a \$10 administrative fee.
Accounts greater than 90 days overdue will be sent to a collections agency.

These policies are subject to change without notice.

We also post our financial policy at www.PortlandAlternativeMedicine.com/financialpolicies

I have read, understood and agree to the policies described above:

Print Name: _____ Sign: _____ Date: _____

Name: _____ Date: _____

INFORMED CONSENT

The purpose of this form is to present risks and benefits of the therapies I offer. **Please initial the sections that apply to you. This must be signed before treatment is rendered.** Ask me if you have any questions or concerns at any time.

NATUROPATHIC MEDICINE

Initials: _____ Date: _____

Naturopathy combines safe and effective traditional therapies with the most current advances in modern medicine by attempting to find the underlying cause rather than focusing on symptomatic treatment. The doctors in our clinic treat a variety of conditions including women’s health, stress, pain, organ dysfunction, infections, and much more. There is risk of pharmaceutical/supplement interaction, so inform your ND of current medications. Your ND may suggest hydrotherapy, which encourages circulation, enhanced immune function and relaxation. Side effects are minimal, but may include dizziness, fatigues, detoxification reactions and irritated skin.

MASSAGE, TRIGGER POINT THERAPY, EXERCISES, STRETCHING

Initials: _____ Date: _____

The goal of massage/soft tissue therapy is to decrease the tension and tenderness, while increasing blood/lymph flow. Your problem may be caused by poor mechanics/repetitive stress, in which case, exercises or stretches may be indicated. Deep tissue work, overstretching and over-exercise may cause discomfort or injury. Massage may cause initial soreness, bruising or lightheadedness, but usually pain relief, increased motion, and relaxation are experienced.

SUPPLEMENTS, HERBALS, HOMEOPATHICS

Initials: _____ Date: _____

These are products that can aid in healing by nutritional, energetic, and mechanical support; They can be effective for many conditions. Be sure to inform your practitioner about all medications you currently take to minimize drug/supplement interactions. Some side effects may be gas, bloating, and less commonly allergic reaction. If biomechanical support is needed, back braces, cervical pillows, cervical traction, or orthotics may be suggested for your particular case.

IMAGING, REFERRALS

Initials: _____ Date: _____

Further lab work (X-rays, MRI, blood work, urine analysis, etc.) may be necessary. When co-management or referral is indicated, a prompt referral to another specialist for evaluation or alternative therapy will be suggested. The following are examples: medical management (referral to a specialist such as neurologist, ENT, allergist, ect), physical therapy, vestibular testing, psychological evaluation, injection therapy, surgery, naturopathic, chiropractic, acupuncture, massage, etc.

There are many alternatives to the therapies I offer. I recommend consulting with your Primary Care Physician if you have any concerns about my recommendations.

Please inform Dr. Hodsdon of any changes in symptoms, medications, diagnoses by other doctors, and if there is a chance of pregnancy at any time during your care.

- I have had the opportunity to read this form and my questions are answered to my satisfaction. I hereby consent to the treatments initialed above.

Patient Name (Please Print) _____

Signature (Patient or Guardian if a minor)

Date

Notice of Privacy Practices

This Notice explains how our office may use and disclose your protected health information and your rights regarding how we protect your health information. "Protected health information," including demographics, can be reasonably used to identify you, relates to your past, present or future physical or mental health condition, the provision of care to you, or the payment for that care. We reserve the right to change the terms of this Notice and our privacy policy at any time. Any changes will apply to all protected health information that we maintain effective the date of a new Notice. New Notices will be posted at Portland Alternative Medicine clinic and you may obtain one at any time. This Notice goes into effect February 3, 2008.

Uses and Disclosures

We may use and disclose your health information for different reasons.

- **Treatment:** To assist in your diagnosis and treatment.
- **Payment:** In order to bill and collect payment for services provided. For example, to claims processing companies, others that participate in the claims payment process and your health insurance plan to get reimbursed for services.
- **Health Care Operations:** For activities necessary such as quality management, utilization review, anti-fraud and claims payment, provider credentialing activities, and as required by industry or government regulators such as state licensing boards, insurance regulatory agencies, and the sponsor of your health plan.

Our office may not use or disclose any more of your protected health information than is necessary to accomplish the purpose of the use or disclosure, except for treatment purposes.

We must disclose, when required by law, for the following examples:

- **Avoid threat to health or safety.** To law enforcement personnel or persons able to prevent or lessen a serious threat to public safety.
- **Coroners, Funeral Directors, Organ Donation.** To said professionals such that they can carry out their duties.
- **Health oversight activities.** To assist the government agencies, such as when it conducts an investigation or inspection of a health care organization.
- **Health-related benefits or services.** For appointment reminders or to give you information about treatment alternatives or services that may be of interest to you.
- **Law Enforcement, judicial and administrative proceedings.** In response to a subpoena, discovery request, in response to a warrant, to identify or locate a suspect, to provide information about a victim of a crime, or other lawful process.
- **National security and intelligence.** As required by military officials for security and military purposes.
- **Public health activities.** To public health agencies for reasons such as preventing or controlling disease, injury or disability.
- **Research.** For medical research – Such circumstances include taking steps to protect your privacy.
- **Victims of abuse, neglect or domestic violence.** To government agencies and law enforcement personnel as required by law.
- **Workers' compensation.** In compliance with workers' compensation laws.

Authorization

Any uses or disclosures other than those described above will be made **only** with your prior written authorization, unless otherwise permitted or required by law. In the event that you authorize us to use your protected health information for other uses, you have the right to revoke any authorization by delivering a written revocation statement, except to the extent that we have already disclosed the information or are allowed by law to use the information to contest a claim or coverage.

Name: _____ Date: _____

Patient Rights

Right to request restrictions on uses and disclosures: To request a restriction, please write a request to Portland Alternative Medicine. Upon receiving your request, we will put the limits and terms in writing and abide by them except in emergency situations. You may not limit the uses and disclosures that we are legally required to make.

Right to receive confidential communications: This includes the right to direct where communications are sent. For example, you may request that information be sent to our work address rather than your home address or via Email than by regular mail. To verify or modify where or how you would like communication sent, contact Portland Alternative Medicine Clinic. Unless requested otherwise, we will direct mailings and telephone messages to the address/telephone number we have on record.

Right to inspect and copy. Includes the rights to see and get copies of your information that we maintain. Submit your request in writing to Portland Alternative Medicine Clinic and we will respond to you within 30 days of receipt of your written request. We will charge you a reasonable copying fee for each page and mailing costs but will inform you of that fee in advance.

Right to amend: If you believe there is a mistake or missing information, you have the right to request that we correct or add to your file. You must provide the request in writing to Portland Alternative Medicine Clinic. We will respond within 60 days of receipt of your written request. We may deny your request in writing if your information is 1) correct and complete, 2) not created by us, 3) not allowed to be disclosed, or 4) not part of our records. Upon approval, we will make the changes, inform you when the changes are complete, and inform others that need to know about the change in a timely manner. Our written denial will state the reason for the denial and explain your right to file a written statement of disagreement with the denial. You also have the right to request that copies of your initial request and our denial be attached to all future disclosures of your information.

Right to receive an accounting of disclosures. This will not include uses or disclosures made for treatment, payment or health care operations, disclosures made directly to you, those you have already authorized, those made for national security reasons or to law enforcement that has lawful custody over you. We will respond within 60 days of receiving written request. Please include the time period for which you want the accounting (can be no longer than 6 years and may not include dates before April 14, 2003). The accounting will include the date of the disclosure, to whom information was sent, a brief description of the information disclosed, and a brief statement of the purpose for the disclosure. We will provide the first accounting at no charge. For additional accountings, we may charge you a fee but will inform you of that fee in advance.

Right to get a paper copy of this Notice. At any time even if you previously agreed to receive an electronic copy.

Right to file a complaint. If you believe your health information has been improperly used or disclosed, or that your privacy rights have been violated, you may file a privacy complaint with us. Contact Portland Alternative Medicine Clinic to file a complaint. You also have the right to file a complaint with the Secretary of the US Department of Health and Human Services. We will take no retaliatory action against you if you file a complaint with us or the DHHS.

I acknowledge having carefully read this copy of the Notice of Privacy Practices.

Patient Name (Please print) _____

Patient/Guardian Signature _____ Date _____

Relationship to Patient (if other than self): _____

Note: if this acknowledgement is being signed by a legal representative, you must provide a copy of the power of attorney or other relevant document(s) designating you as the legal representative.